

Metformin Exhibits a Cardioprotective Effect

Holden SE, et al. *PLoS ONE*. 2016; 11(5): e0153594.

- A large retrospective analysis (12,020 subjects) of data from the UK Clinical Practice Research Datalink suggests that people with type 2 diabetes treated with insulin plus concomitant metformin had a reduced risk of death and major adverse cardiac events compared with people treated with insulin monotherapy.

Metformin exhibits a cardioprotective effect in people with type 2 diabetes treated with insulin.