Early Administration of Azithromycin can Prevent Severe Lower Respiratory Tract Illnesses (LRTIs) in Preschool Children with a History of Such Illnesses.

Bacharier LB, et al. JAMA. 2015; 314(19):2034-44.

- A 12 month, placebo-controlled trial was conducted across 9 academic US medical centers in 607 preschool children (Age= 12 to 71 months) with histories of recurrent, severe LRTIs to assess whether early administration of azithromycin (12 mg/kg/day for 5 days) can prevent progression of these episodes.
- Azithromycin significantly reduced the risk of progression to severe LRTI relative to placebo.
- Induction of azithromycin-resistant organisms and adverse events were less.

Among young children with histories of recurrent severe LRTIs, the use of azithromycin early during an apparent RTI reduced the likelihood of severe LRTI.