

Safety and efficacy of olmesartan: An observational pooled analysis of 156,682 hypertensive patients.

Scholze J, et al. *Expert Opin Drug Saf.* 2011 Mar; 10(2):185-96.

- Angiotensin type 1 receptor blockers are recommended for first-line antihypertensive treatment.
- Safety and efficacy of olmesartan as monotherapy or in combination with other antihypertensive drugs (e.g., hydrochlorothiazide) was assessed in 156,682 hypertensive patients.
- About 90% of patients were responders (BP decrease of $\geq 20/10$ mmHg)
- The frequency of ADRs was 0.4% and not altered by dose, age ≥ 65 years, or presence of co-morbidities.

*Responder rates to olmesartan were high.
Olmesartan was very well tolerated.*