

## **Efficacy and safety of topical diclofenac sodium for osteoarthritis of the knee: Recent Data**

Wadsworth LT, et al. *Curr Med Res Opin.* 2016 Feb; 32(2):241-50.

- Topically applied NSAIDs reduce systemic exposure compared with oral NSAIDs, and European guidelines recommend their use.
- A 4 week, randomized, double-blind study compared pain relief with diclofenac sodium 2% topical solution versus control (vehicle only) in 260 patients with primary osteoarthritis of the knee.

*Administration of topical diclofenac sodium resulted in significantly greater improvement in pain reduction in patients with OA of the knee vs. vehicle control and was generally well tolerated.*

*No serious AEs were reported.*