

Montelukast in combination with levocetirizine improved nasal symptoms within 6 weeks of treatment in patients with persistent allergic rhinitis (AR).

Ciebiada M, et al. *Am J Rhinol Allergy*. 2011; 25(1):e1-6.

- A 32-week randomized, double-blind study (40 adults) evaluated efficacy of montelukast-levocetirizine combination vs. montelukast/levocetirizine monotherapy in persistent AR.
- Nasal symptoms were assessed using a 4-point scale at baseline, daily during the 1st week, and on days 14, 21, 28, 35, and 42 of treatment.
- Improvement at Day 42 was significantly greater than that achieved on Day 1 of therapy for patients treated with the combination of montelukast and levocetirizine vs. monotherapy with either drug alone.

CONCLUSION:

*Montelukast in combination with
levocetirizine demonstrated efficacy within
6 weeks of treatment in persistent AR*