

**Effect of Metformin on ventricular remodeling in patients with primary hypertension and type 2 diabetes mellitus (T2DM).**

Wu Y, et al. *ZYX ZHI (Chinese Journal)*. 2015; 95(44):3570-4.

- Effects of metformin on left ventricular remodeling were evaluated in 176 patients with primary hypertension and T2DM. Median follow-up was for 11 months.
- At follow-up, interventricular septum depth (IVSD), left ventricular posterior wall depth (LVPWD), and left ventricular mass index (LVMI) were lower in the metformin group.

**Metformin may attenuate left ventricular hypertrophy in patients with primary hypertension and T2DM.**