

Drugs for Type 2 Diabetes Mellitus (T2DM): A Recent Clinical Practice Guideline Update from the American College of Physicians (ACP).

Qaseem A, et al. Annals of Internal Medicine. Published online January 2017.

- Physicians should prescribe metformin to patients with type 2 diabetes when medication is needed to improve high blood sugar.
- If a second oral medication is needed to improve high blood sugar, physicians should consider adding either a sulfonylurea, thiazolidinedione, SGLT-2 inhibitor, or DPP-4 inhibitor to metformin.

Latest Guideline from ACP strongly recommends metformin as a safe and effective 1st line treatment strategy for T2DM.