

The Right Place for Metformin Today

Schernthaner G and Schernthaner GH. Diabetes Res Clin Pract. 2020 Jan; 159:107946.

- Metformin is the most widely used glucose lowering drug worldwide in the treatment of patients with type 2 diabetes, since we have experience with this drug for more than 60 years about the efficacy and safety.
- Metformin is very effective in HbA1c lowering associated with some weight loss, but does not increase risk for hypoglycemia.
- A recent meta-analysis of 26 observational studies including 8,15,839 patients showed that metformin use was associated with a significantly lower rate of all-cause mortality.

At the moment all guidelines in the world recommend to use metformin in monotherapy in patients with newly diagnosed diabetes or in combination with other antidiabetic drugs with documented cardiovascular and renal benefits.

