Anti-Inflammatory Effects of Metformin Irrespective of Diabetes Status

Cameron AR, et al. Circ Res. 2016; 119(5):652-65.

- Metformin has cardiovascular benefits, but the underlying molecular mechanisms are poorly understood.
- Recent research has demonstrated that metformin suppresses secretion of proinflammatory cytokines and inhibits tumor necrosis factor-α (TNF-α)-dependent expression of proinflammatory mediators (IL-6, 1L-1β). These effects were independent of its antihyperglycemic effects.

Anti-inflammatory properties of metformin are exerted irrespective of diabetes mellitus status.

This may accelerate investigation of drug utility in nondiabetic cardiovascular disease groups.