Long-Term Safety and Efficacy of Teneligliptin in Elderly Patients with Type 2 Diabetes: Subgroup Analysis of a 3-Year Post-Marketing Surveillance in Japan.

Kadowaki T, et al. Adv Ther. 2020 May; 37(5):2477-2492.

- Teneligliptin, a dipeptidyl peptidase 4 (DPP-4) inhibitor, is an oral drug taken once daily to manage blood glucose levels in people with type 2 diabetes.
- Data were analysed for patients in 3 age subgroups (< 65, ≥ 65 to < 75, or ≥ 75 years old). Safety was assessed as the incidence of ADRs and efficacy was assessed in terms of glycaemic control, for up to 3 years.
- There was no clear difference in the number of ADRs among the three age subgroups.
- Treatment with teneligliptin also lowered blood glucose levels in all three age subgroups, and the changes were maintained for up to 3 years in many individuals.

Parameters	Age	< 65	≥65	to	≥75 years
	years		< 75 years		
ADRs		3.35%	4.4	2%	3.99%
Serious ADRs		0.65%	1.2:	2%	1.69%
Hypoglycemia		0.24%	0.5	6%	0.29%
Changes HbA1c		-0.66	-0.	72	-0.77

There were no additional safety or efficacy concerns observed among elderly patients & the current study results support the use of teneligliptin for elderly patients with type 2 diabetes mellitus in real-world clinical practice.