Aceclofenac is a Safe and Effective Option for Chronic Lower Back Pain (CLBP): Prospective, Randomized, Single Center, Open-Label Clinical Trial Data.

Yang JH, et al. Yonsei Med J. 2017; 58(3): 637-643.

- Nonsteroidal anti-inflammatory drugs (NSAIDs) are a mainstay for medical CLBP.
- As per a recent published study, both a once daily dose of aceclofenac controlled release (CR) and a twice daily dose of aceclofenac are safe and efficacious for CLBP as assessed by:- i) Visual Analogue Scale (VAS) change at baseline to that at 2 weeks; ii) change in quality of life measured by EuroQoL 5D (EQ-5D) and iii) Oswestry Disability Index (ODI) functional score for the lumbar spine.
- Adverse effects were mostly gastrointestinal in nature.

As per recent published data, both aceclofenac and aceclofenac CR demonstrate significant pain relief and improvement in quality of life and functional scores in CLBP.