

Meta-Analysis of the Efficacy and Safety of Pantoprazole in the Treatment and Symptom Relief of Patients with Gastro-Esophageal Reflux Disease (GERD) - PAN-STAR

Dabrowski A, et al. Prz Gastroenterol. 2018; 13(1):6-15.

- Efficacy of pantoprazole treatment was analysed in patients with erosive reflux disease (ERD) and in those with non-erosive reflux disease (NERD), by assessing symptom relief and quality of life.
- Pantoprazole 40 mg was associated with complete relief of GERD-related symptoms in the majority of patients with ERD and NERD.
- Furthermore, the severity of symptoms was significantly reduced in patients without complete relief of symptoms.
- Pantoprazole also continuously improved the quality of life of GERD patients over 8 weeks of treatment.
- Treatment with pantoprazole 40 mg was very well tolerated - more than 90% of patients were without adverse events throughout the whole study.

This meta-analysis suggests that pantoprazole 40 mg once daily is an effective and well-tolerated choice for providing symptom relief of patients with GERD.