

BLUE CROSS NEWS

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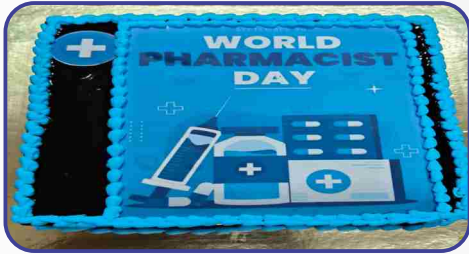
Manoj Israni

Vice Chairman & Managing Director

Dear Blue Cross Family,
As we approach the festive season, I would like to extend my heartfelt wishes to each of you and your families on the occasion of Dussehra and Diwali. Let us carry forward the spirit of unity, collaboration, and excellence all along as we celebrate. May the light of Diwali bring happiness, health, and success to all of you. Together, we will continue to strive for greatness, and achieve new milestones in the coming months.

Wishing you and your loved ones a Joyous Dussehra and a Bright, Prosperous Diwali!

World Pharmacists Day Celebrations



On 25th September 2024, Blue Cross celebrated World Pharmacists Day at its Nashik and Goa locations, aligning with the global theme, "**Pharmacists: Meeting Global Health Needs**". The event showcased the critical role pharmacists play in promoting public health and reaffirmed Blue Cross' commitment to delivering high-quality medicines. At both locations, employees participated in an oath ceremony, pledging their dedication to maintaining excellence in pharmaceutical production. The celebrations were marked by a cake-cutting ceremony led by senior pharmacists, followed by a presentation on the significance of World Pharmacists Day.

In Nashik, the cake-cutting was led by **Mr. Kiran Raut**, one of Blue Cross' most senior pharmacists. Additionally, **Mr. Ashok Gupta** conducted a Quality Commitment training, underscoring the importance of high standards in pharmaceutical manufacturing. In Goa, the **Mr. Vishwas Desai** facilitated a similar Quality Commitment training session. The event was further enlivened by a Pharma Quiz Competition, where inter-departmental teams competed to showcase their pharmaceutical knowledge. Winners and runners-up were recognized for their enthusiasm and expertise.

Blue Cross takes pride in celebrating the contributions of pharmacists and remains committed to excellence in healthcare.



Goa



Nashik



Goa

Blue Cross Supports Wayanad Relief



In July 2024, Wayanad, Kerala, was struck by a series of devastating landslides, leading to widespread destruction and a tragic loss of lives. In the wake of this disaster, **Blue Cross** made a meaningful contribution to support relief and rehabilitation efforts in the region.

Our Zonal Managers had the privilege of presenting this contribution to the Chief Minister of Kerala, reinforcing our deep commitment to aiding communities in times of crisis.

By extending this support, Blue Cross stands firmly with the people of Wayanad.

Welcome Aboard

Pleased to announce the joining of **Mr. Sharad Tater** as General Manager - IT, effective July 15, 2024. Mr. Tater has an extensive 26-year of experience in IT covering Networking strategy, IT Operations, Data Security and compliance.

Mr. Tater brings invaluable experience from esteemed companies such as Radhakrishna Foodland Pvt Ltd, Henkel CAC Ltd, and most recently, Bharat Serums & Vaccines Ltd where he served as GM – IT.



Here's wishing Mr. Tater the very best for the future.

Dysmenorrhea Awareness Workshop

Blue Cross is proud to continue the **#Why Suffer Silently** initiative, aimed at raising awareness about Dysmenorrhea (painful periods). This campaign seeks to educate young girls and women about the symptoms and causes of Dysmenorrhea, helping dispel myths and taboos surrounding menstrual pain.

Through this initiative, we encourage women to take charge of their health by seeking proper treatment and support. Workshops were conducted in schools and colleges nationwide, with the participation of renowned gynaecologists who provided valuable insights and guidance.

At Blue Cross, we are committed to empowering women to break the silence around menstrual health and live their lives without unnecessary suffering.



Banda (UP)



Firozabad (UP)



Korapat (Orissa)



Banda (UP)



Birgunj



Hubballi (Karnatak)

Drug Safety Symposium 2024 – India Chapter



Blue Cross was proudly represented at the Drug Safety Symposium 2024 – India Chapter, a two-day workshop on Pharmacovigilance and patient safety organized by Eminence Business Media in Mumbai. Esteemed professionals **Dr. Prabhu Kasture** and **Dr. Shraddha Ghouri** attended the event, which focused on enhancing drug safety protocols and improving patient care through vigilant monitoring.

The symposium brought together industry experts to discuss the latest advancements in pharmacovigilance, regulatory requirements, and strategies for ensuring the highest standards of patient safety. The participation of our distinguished team members reflects Blue Cross' commitment to staying at the forefront of pharmaceutical safety and delivering quality healthcare solutions.

POSH Act Awareness Session @ HQ

On September 20, 2024, Blue Cross held an informative awareness session on the "Prevention of Sexual Harassment at the Workplace" (POSH) Act, led by Mr. Vijay Dalvi. The session was designed to enhance employees' understanding of the POSH Act and its critical role in fostering a respectful, harassment-free workplace environment.

The session was well-attended by employees from various departments and covered essential aspects of the Act, including an overview of the legal framework, different forms of harassment, and the procedures for reporting incidents. **Mr. Dalvi** emphasized the shared responsibilities of management and employees in ensuring the policy's effective implementation and maintaining a safe workspace for everyone.

The session concluded with an engaging Q&A, where participants discussed practical challenges, policy enforcement, and the available support mechanisms. Blue Cross is committed to promoting continuous awareness and compliance with the POSH Act and plans to hold further sessions to reinforce its dedication to a safe, inclusive, and respectful workplace.



POSH Act Awareness Session

Spike In Viral Infections: Advice On Prevention

As the monsoon season prevails, the rise in viral infections across the country has become a pressing concern. The moist and humid weather creates a favorable environment for the spread of viruses and vector-borne diseases such as dengue, malaria, and chikungunya. Additionally, cases of viral fevers, respiratory syncytial virus (RSV), influenza viruses, and other cold and flu-like viruses are also on the rise.

Alongside these, waterborne diseases like Hepatitis A and Hepatitis E, which are transmitted through contaminated water, have surged. These infections can severely affect various organ systems, including the respiratory tract, gastrointestinal system, heart, and nervous system. Symptoms such as fever (with or without chills), excessive sweating, dehydration, headache, muscle aches, weakness, and loss of appetite are common indicators of viral infections.

Seasonal changes impact people differently. While some with stronger immune systems may not experience significant health issues, others may be more susceptible to viral infections, leading to fevers and other health complications.

Preventive Measures to Avoid Viral Infections :

Despite the increase in viral infections during the monsoon season, these infections can still be prevented with the following precautions:

- **Maintain Personal Hygiene:** Wash your hands frequently with soap or use hand sanitizers, especially when returning from outside.
- **Keep Your Surroundings Clean:** Ensure cleanliness at home and in your surroundings to prevent the spread of diseases.

- **Control Mosquito Breeding:** Regular fogging and eliminating mosquito breeding spots are essential to prevent vector-borne diseases like dengue and malaria.
- **Avoid Outside Food:** Eat home-cooked food and ensure that the water you drink is safe and potable.
- **Limit Contact with Infected Individuals:** If you know someone is sick, avoid close contact to reduce the risk of transmission.
- **Avoid Touching Your Face:** Refrain from touching your nose and mouth frequently, especially when outdoors, to avoid transferring viruses.
- **Follow Cough and Sneeze Etiquette:** Always cover your mouth and nose with a tissue or elbow when sneezing or coughing to prevent spreading germs. If you're unwell, stay home to avoid infecting others.
- **Boost Your Immunity:** Eat a balanced diet rich in nutrients to strengthen your immune system. Include fresh fruits and vegetables, and avoid junk food.
- **Stay Active:** Regular exercise, staying hydrated, and getting at least eight hours of sleep each night are key to maintaining overall health.
- **Vaccination:** For elderly individuals, getting vaccinated against preventable diseases is highly advisable.
- **Consult a Doctor:** Avoid self-medication. Always seek the advice of a healthcare professional if you develop symptoms or feel unwell.



Stay at home when sick

Assess your own risk



– Use a mask if necessary and keep a distance from others.

Take care of hygiene



– Wash your hands, cough and sneeze into your sleeve

Remember ventilation



– Ensure good ventilation indoors

Doctor's Day Celebration

On 1st July 2024, Blue Cross organized a special event in honor of Doctor's Day, celebrating the dedication and unwavering commitment of our Medical Director **Dr. Prabhu Kasture** & his team, who has been supporting & guiding for the good health of the employees at HO, Mumbai; **Dr. Vallabh Dhaimodker** who is Factory Medical Officer along with his team of doctors from **M/s.Chikitsam** Verna, were warmly recognized for their valuable contributions. Event served as a reminder of the crucial role doctors play in maintaining the health and wellbeing of society, and Blue Cross is proud to express its appreciation for their remarkable contribution.



GOA



MUMBAI



MUMBAI

Blood Donation Camp



Blood Donation Camp

On 29th July 2024, the Directorate of Food and Drugs Administration, Panaji, organized a Blood Donation Camp where seven employees from **Blue Cross** volunteered to donate blood. In recognition of their noble deed, Blue Cross felicitated these employees, appreciating their willingness to help others and contribute to the welfare of society. Their compassion and generosity serve as an inspiring example of the power of giving.

Eye Health Check Camp

On August 8, 2024, Blue Cross organized an Eye Health Check and Awareness Camp in alliance with Mark Optical Co. The event provided valuable eye tests and consultations in the conference room, allowing employees to assess their eye health.

Following the eye examinations, an engaging awareness session was held in the cafeteria, where participants learned about the importance of regular eye check-ups and effective eye care practices. The camp emphasized that maintaining good vision is vital for overall well-being.



Eye Health Awareness Camp



Eye Health Check Camp

Health Awareness Session

On September 26, 2024, Blue Cross conducted an insightful session on "Health Data and Call to Action" led by Dr. Prabhu Kasture. In this session he presented the health indicators of the HO employees (BP, Sugar etc.) and suggested for change in the life style, appropriate diet and emphasized for regular physical activity. This shall ensure apt state of mind with healthier and happy life. The session reinforced Blue Cross's commitment to fostering a healthier workplace and supporting employees in their overall wellness journey.



Health Awareness Session

Independence Day

Blue Cross celebrated India's Independence Day with great enthusiasm at both its Nashik and Goa locations. The day commenced with the hoisting of the National flag, symbolizing our nation's pride, unity, and the enduring spirit of freedom.

In Nashik, Mrs. Jayshri Bakare and Mrs. Shubhangi Patwardhan led the flag hoisting, followed by a lively Patriotic Dress Competition and a Solo Song Competition.

In Goa, the celebrations featured an inter-department competition centered around the theme "Viksit Bharat @ 2047", envisioning India's progress and development over the coming decades.



Independence Day



NASHIK

Monsoon Picnic

The Mumbai Team enjoyed an exhilarating Monsoon Picnic at Monteria Village Resort in Karjat on the weekend of July 20-21, 2024. The trip was a memorable experience filled with fun, camaraderie, and the breathtaking beauty of the monsoon season.

The picturesque surroundings and shared experiences made this a truly unforgettable getaway for all.



Chartered Accountants Day at Head Office

On 1st July 2024, Blue Cross celebrated Chartered Accountants Day at the Head Office, honoring the pivotal role that Chartered Accountants play in maintaining financial integrity and driving the company's success. A special ceremony was held to recognize the contributions of our Chartered Accountants.



Teacher's Day

On 5th September 2024, Blue Cross celebrated Teacher's Day by honouring the exceptional contributions of our Sales Team Training Department. Special recognition was given to **Mr. William** and **Mrs. Anuradha** for their remarkable efforts in training our PSOs, ensuring they possess a deep understanding of our products.

Their dedicated guidance not only enhances the knowledge of our PSOs but also empowers them to communicate more effectively with doctors, ultimately contributing to improved patient care. The impact of their training is clear—it's shaping our team into a force that elevates product awareness and healthcare standards alike.



Carrom Competition

Blue Cross Mumbai organized an exciting Carrom Competition (Singles) starting on July 25, 2024, in the Staff Cafeteria. The event saw enthusiastic participation from employees, creating a lively atmosphere filled with friendly competition. After a series of thrilling matches, congratulations to **Mr. Muralidhar** for emerging as the Winner, and **Mrs. Merciana**, the Runner-up, for their impressive performances in the final round.



Ganesh Chaturthi

Blue Cross celebrated Ganesh Chaturthi with great devotion and creativity at both its Nashik and Goa factories.

In Goa, an inter-department competition titled "**Making of Lord Ganesha using Coconut Shell and Coir**" was held, encouraging participants to craft eco-friendly idols.

At Nashik, the Ganesh Utsav was celebrated from 7th to 17th September, with daily Ganesh Aarti led by different departments. The festivities included a Modak Thali Competition and a Group Song Competition. These events brought out the spirit of unity, tradition, and creativity among the participants.



MUMBAI



GOA



NASIK

GOA

Warm Farewell to Mr. Nambiar

After 28 years of dedicated service, **Mr. Muralidhar Nambiar**, GM - IT retired from services at Head Office. His remarkable contributions and leadership have left an indelible mark on our organization, inspiring many along the way.

We wish him all the best in his future endeavours. Thank you, **Mr. Nambiar**, for your invaluable contributions and dedication to Blue Cross!



Long Servers Felicitated

30 Years

Gagan Minotra



Kiran Raut



20 Years

Anand N
Yashpal Khajuria
V Vipinkumar
Brijendra Kr. Sharma
Melvin D'Cruz
Shinod K.V.
Manoj K.M.

15 Years

Awadhut Patil



Nishant Chavda
Akramuzzaman .
Vijay Sawant
M Hariprasad Reddy
S.Gokul Raja
Pavan Kumar Sharma
S Prasath

10 Years

Tapan Kumar Pradhan
Amit Anand
Sudipta Pradhan
Amar A Karanjkar
Santosh Ghumare
Sonvir Singh
K Venkatesan
Prabhat Kumar
Sk Jameer Basha
Pawan Kumar
Saheb Saha
Pravin Banduji Meshram
Prasad Shetty
Manoranjana Pal

Dhanappa Chanshetti



Jai Prakash Shukla



Nitesh Gadekar



Yeshwant Gawas



5 Years

Sandeep Suresh Sharma



Sandip Prabhakar Purohit
Zoheb Mohd Hanif Momin
Saiyad Tausif
Ravi R
Ankit Kumar Panchal
Mooraboyina Guravaiah
Gaurav
Preetham Kumar S
Ashish Sharma
Abhisek Kumar Singh
Sumit Sharma
Ashish Pramod Kadam

*** Congrats on Your
Promotion / Re-Designation ***

Deputy Sales Director -BC/BCL
Gagan Minotra
AGM Production (OS)
Kuldeep Singh Yadav
Group Product Manager
Satish Anand Negi
Senior Production Manager (OS)

Vishal Mulik
Senior Executive Assistant

Christabelle D'Souza
Diana Pinto
Bina Shetty

Executive Assistant
Akshata Subhedar
AGM Depot Operations

A.S. Krishnamurthy
Senior Manager - QA

Balasaheb Deore
Manager-accounts

Sanjay Sharma
Deputy Manager Purchase

Shubhangi Patwardhan
Assistant Manager Production

Nitin Mahajan
Assistant Manager R&D

Dinesh Jaju
Senior Executive QA

Rajesh Mantri
Senior Production Executive

Amit Raut
GM- Accounts and Mgmt. Services

Kamlakar Nawghare
AGM HR & Admin

Dhanesh Raj Singh
Senior Manager Purchase

Nilesh Devidas
Senior Packing Executive

Govind Morye
Executive QA

Swetha Tigadi
Senior Officer Packing & Production

Sneha Lawande
Senior Stores Officer

Pritesh Naik
Senior Technical Supervisor

Pavankumar Naik
Nilesh Sail

Prakash Mhamal
Regional Manager

Hemant Sharma
Md Akbar Imran

P Rambhupal Reddy
Madanu Kiran Babu

Senior Area Business Manager
Yogesh Kumar

K Raghunath Reddy
Area Business Manager

Pankaj Dubey
Rajan Kumar Pandey

Gopal Dattatray Walekar
Ripu Daman Singh

Sudhanshu Verma
Shatrughan .

Surya Prakash Mishra
Jitender Kumar

Jaydeep Rana
Territory Manager

Chandra Shekhar
Deepak Divedi

Ramisetty Durgaprasad
Chandu H N

Ravindra Kumar
Dinesh Babu

Himanshu Sharma
Sagar Kumar Dalai

Pravin Ramesh Patil
Ganpati Chandrabhan Chavan

Saqib Raza Khan
Mohd Monis

*** Welcome Aboard @Bluecross ***

Vishad Sawant Dessai
Asst. Manager Engg

Kesavan V
Deputy ZM