



MEDICAL TIPS

ANGICAM-LT Tablets

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Efficacy and safety of single-pill amlodipine/losartan versus losartan in patients with inadequately controlled hypertension after losartan treatment: a multicenter, double-blind, randomized phase III clinical trial

Zhang S et al. Front Cardiovasc Med 2023; 10: 1177166

- Single pill amlodipine plus losartan (AML/LOS) has been used to treat inadequately controlled hypertension after antihypertensive monotherapy.
- In a multicentre, double-blind, randomised controlled trial, patients with inadequately controlled hypertension after 4 weeks of LOS treatment were randomized to receive single pill of AML/LOS (5/100mg) or LOS (100 mg) alone for 8 weeks.
- At 4 and 8 weeks of treatment the sitting diastolic blood pressure (DBP) and systolic blood pressure (SBP) and the target blood pressure achievement rate was assessed.
- There was a significant change in the baseline sitting DBP and SBP at week 4 and 8 in the amlodipine losartan single pill group than the group taking losartan alone.

Single-pill amlodipine losartan is superior to losartan monotherapy for controlling blood pressure and is safe and well tolerated in patients with inadequately controlled hypertension after losartan treatment.

