



## MEDICAL TIPS

### CILNIBLU TABLETS

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#### **Blood Pressure Reducing Potential and Renoprotective Action of Cilnidipine among Hypertensive Patients Suffering From Chronic Kidney Disease: A Meta-Analysis**

*Kumari K, et al., Cureus. 2023; 15(4): e37774.*

- The rate of progression of chronic kidney disease (CKD) in hypertensives can be controlled by reducing blood pressure (BP) with appropriate selection of anti-hypertensive drugs.
- This meta-analysis (7 studies) evaluated the effectiveness of Cilnidipine (n=289) against Amlodipine or other calcium channel blockers (comparator, n=269) for its anti-hypertensive and renoprotective actions.
- Cilnidipine decreased both systolic (significant) and diastolic BP as compared to the comparator.
- A significant reduction in proteinuria was also observed with Cilnidipine demonstrating its renoprotective effect.

**Cilnidipine is more effective and can be the preferred anti-hypertensive over Amlodipine or other CCBs in CKD patients.**

