



## MEDICAL TIPS

### ANGICAM TABLETS

Issue I, No. 1, 2023

#### **24-Hour Blood Pressure Control with Amlodipine: A Review of the Current Scenario**

*Nair T et al. J Card Crit Care 2022; 6: 59-68.*

- Antihypertensive therapy using CCBs is one of the preferred choices to control blood (BP) pressure and blood pressure variability (BPV).
- 24-hour ambulatory BP monitoring has evolved as an accurate and reproducible tool for the assessment and management of hypertension.
- Amlodipine, a long-acting dihydropyridine CCB has been known to be effective for 24-hour BP control and also minimising BPV.
- A meta-analysis of various literatures and pharmacological evidence suggests that amlodipine is a safe, well-tolerated anti-hypertensive agent that is widely used alone or as a key component of combination therapy for control of 24-hour BP.

**Amlodipine is a proven and effective antihypertensive drug and helpful in controlling 24-hour BP, minimizing BP variability and hence reducing the risk of cardiovascular complications.**

