



MEDICAL TIPS

LIPONORM TABLETS

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Statin treatment and muscle symptoms: series of randomized, placebo-controlled n-of-1 trials

Herrett E et al. BMJ 2021; 372: n135.

- A series of randomized, placebo-controlled trials was conducted to establish the effect of statins on muscle symptoms.
- 200 patients who had recently stopped or were going to stop treatment with statins because of muscle symptoms were enrolled in the trial and were either administered 20 mg atorvastatin or placebo daily.
- Results showed no difference in the muscle symptoms between the statin and the placebo group.
- Most of those completing the trial reported restarting long-term treatment with statins

No overall effect of atorvastatin on muscle symptoms as compared to placebo was found.

