Olmesartan-based Combinations are Highly Effective in Hypertension Management: 2017 Update.

Zhang X, et al. Cardiol Ther. 2017 Mar 3. [Epub ahead of print]

- Antihypertensive agents with complementary mechanisms are currently becoming more common for management of high BP.
- A recent reference has highlighted that olmesartan has excellent efficacy in the reduction and stabilization of blood pressure. When combined with calcium channel blockers (CCBs) and diuretics, olmesartan had superior therapeutic benefit for BP control and in reduction of adverse events.

A recent publication highlights olmesartan combinations with CCBs and diuretics as safe and highly efficacious antihypertensive therapy.